

Calendario Clases

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
7:00h	Power Pilates (Suelo)	Reformer 1:1	Pilates Reformer	Power Pilates (Suelo)	Pilates Reformer	
8:00h	Reformer 1:1	Reformer 1:1	Pilates Reformer	Reformer 1:1	Reformer 1:1	
9:00h	Pilates Reformer	Reformer 1:1	Aero Pilates Pilates Reformer	Pilates Reformer	Pilates Reformer	
10:00h	Pilates Reformer	Pilates Reformer		Pilates Reformer		
11:00h				Pilates Reformer	Reformer 1:1	Yoga
12:00h		Pilates Reformer			Reformer 1:1	
16:00h	Reformer 1:1					
17:00h	Pilates Reformer		Reformer 1:1	Pilates Reformer	Reformer 1:1	
18:00h	Pilates Reformer	Pilates Reformer	Pilates Reformer	Pilates Reformer	Pilates Reformer	
19:00h	Power Pilates (Suelo) Pilates Reformer	Aero Pilates Pilates Reformer	Power Pilates (Suelo) Pilates Reformer	Reformer 1:1	Aero Pilates Pilates Reformer	
20:00h	Power Pilates (Suelo)	Pilates Reformer	Power Pilates (Suelo)	Yoga		